# EARTHQUAKE PREPAREDNESS

### YOU WILL SURVIVE....

#### YOU JUST NEED TO BE PREPARED

### START HERE



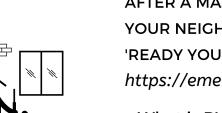




- ✓ LAFD Emergency Prep Booklet click here
- ✓ Earthquake Country Prep Booklet click here
- ✓ The Big One: Survival Guide click here
- ✓ Pet Prep click here
- ✓ Local store for supplies click here
- ✓ Online supplies click here
- ✓ More supplies click here



## PREPARE YOUR BLOCK GET RYLAN TRAINED



AFTER A MAJOR QUAKE YOU WILL RELY UPON YOUR NEIGHBORS FOR SURVIVAL & RECOVERY. 'READY YOUR LOS ANGELES NEIGHBORHOOD' https://emergency.lacity.org/rylan/about

- ✓ What is RYLAN? click here
- ✓ Sign up for your RYLAN training click here or call 213.484.4800
- ✓ Wait! How do I organize my block and get an email roster started? Click here



### JOIN YOUR 'NEIGHBORHOOD TEAM'



YOUR **NEIGHBORHOOD TEAM** WILL BE YOUR FIRST RESPONDERS. GET TRAINED ON BASIC DISASTER RESPONSE SKILLS: MEDICAL, FIRE SAFETY, SIMPLE SEARCH & RESCUE. Click here

- ✓ What is NTP/C.E.R.T.? click here
- ✓ Sign up for C.E.R.T. classes click here





#### SIGN UP FOR ALERTS

- ✓ Sign up for MyShake alert click here
- ✓ Sign up for CITY ALERTS click here
- ✓ Sign up for COUNTY ALERTS click here





## GET FIRST AID & STOP THE BLEED TRAINING

✓ Sign up for courses - click here

#### SEVEN STEPS TO EARTHQUAKE SAFETY



1 SECURE YOUR SPACE

IDENTIFY HAZARDS & SECURE MOVEABLE ITEMS

https://www.earthquakecountry.org/step1/



2 PLAN TO BE SAFE

CREATE A DISASTER PLAN FOR YOUR FAMILY &
DECIDE HOW YOU WILL COMMUNICATE DURING
A COMMUNICATION BLACKOUT

https://www.earthquakecountry.org/step2/ https://redfora.com/pages/guides Fill out your plan - click here



ORGANIZE DISASTER SUPPLIES

IN CONVENIENT LOCATIONS FOR HOME/CAR/WORK

https://www.earthquakecountry.org/step3/ https://redfora.com/pages/guides



4 MINIMIZE FINANCIAL HARDSHIP

ORGANIZE IMPORTANT DOCUMENTS,
STRENGTHEN YOUR PROPERTY & CONSIDER
INSURANCE

https://www.earthquakecountry.org/step4/



DROP, COVER & HOLD ON!

DROP, COVER & HOLD ON WHEN THE EARTH SHAKES.

https://www.earthquakecountry.org/step5/



**IMPROVE SAFETY** 

PREVENT FURTHER INJURIES OR DAMAGE. (A) USE YOUR RYLAN & CERT TRAINING!

https://www.earthquakecountry.org/step6/ https://youtu.be/TamrRqXK8sk



Images:© California Earthquake Authority

**RECONNECT & RESTORE** 

RESTORE DAILY LIFE BY RECONNECTING WITH OTHERS, REPAIRING DAMAGE, & REBUILDING COMMUNITY

https://www.earthquakecountry.org/step7/